

Bendle High School Lunch



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Food Service Director

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LUNCH Menu

2023-24 School Year

WE EK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Mac & Cheese Bowl w Chicken Chunks Ham & Cheese Calzone Choice of Pizza Chicken Sandwich PB&J Peas & Carrots Mandarin Oranges Milk	Italian Sub Mini Corn Dogs Little Caesars Pizza Chicken Sandwich PB&J Broccoli Salad Applesauce Milk	Nacho's w Meat & Cheese Chicken & Cheese Quesadilla Choice of Pizza Chicken Sandwich PB&J Refried Beans Mexican Rice Kiwi Milk	Baked Potato Bar w Breadstick Egg Rolls w Fried Rice Little Caesars Pizza Chicken Sandwich PB&J California Blend Vegetables Fortune Cookie Pineapple / Milk	Chicken Wings w Biscuit BBQ Pulled Pork Choice of Pizza Chicken Sandwich PB&J Potato Wedges Apple Crisp Milk
2	Chicken Pot Pie w Biscuit Pepperoni Calzone Choice of Pizza Chicken Sandwich PB&J Carrots Grapes Milk	Chicken Ranch Wrap Grilled Cheese w Tomato Soup Little Caesars Pizza Chicken Sandwich PB&J Northwest Veggie Blend Apple Slices Milk	Chicken Chipolte Bowl Taco Snacks Choice of Pizza Chicken Sandwich PB&J Cilantro Lime Rice Fiesta Black Beans w Corn & Peppers Orange Slices Milk	General Tso Chicken w Brown Rice & Fortune Cookie Fish Stick Po' Boy Chicken Sandwich Little Caesars Pizza PB&J Oriental Blend Veggies Dole Smoothie Bowl Milk	Chicken Strips - Reg or Spicy w Biscuit French Toast Sticks w Sausage Links Choice of Pizza Chicken Sandwich PB&J Tater Tots Strawberry & Blueberry blend Milk
3	Crispitos w Tostitos & Cheese Fiesta Pizza Choice of Pizza Chicken Sandwich PB&J Carrot Sticks Applesauce Milk	Chicken Parm Wrap Bacon Cheeseburger Little Caesars Pizza Chicken Sandwich PB&J Southern Green Beans Mixed Fruit Milk	Walking Taco w Doritos, Meat & Cheese Taco Snacks Choice of Pizza Chicken Sandwich PB&J Mexican Rice Refried Beans Bananas / Milk	Baked Potato Bar w Breadstick Egg Rolls w Veggie Lo Mein Little Caesars Pizza Chicken Sandwich PB&J Broccoli & Cheese Pineapple Milk	Tiger Bowl w Mashed Potatoes & Gravy Dill Chicken Chunks w Biscuit Chicken Sandwich PB&J Corn Melon Chunks Milk
4	Boscoss w Sauce Mini Buffalo Calzones Choice of Pizza Chicken Sandwich PB&J Roasted Root Veggies Pears / Milk	Chicken Ranch Wrap Stromboli w Sauce Little Caesars Pizza Chicken Sandwich PB&J Mixed Veggies Kiwi Milk	Chicken Fajitas Philly Beef Sub Choice of Pizza Chicken Sandwich PB&J Peppers & Onions Mexican Rice Watermelon Milk	Orange Chicken w Brown Rice Pepper Steak Little Caesars Pizza Chicken Sandwich PB&J Oriental Veggies Mandarin Oranges Milk	Chicken & Waffles Ham & Scalloped Potato Casserole Choice of Pizza Chicken Sandwich PB&J Green Beans Michigan Berry Blend Milk
5	Ravioli w Breadstick Ham & Cheese Calzone Choice of Pizza Chicken Sandwich PB&J Squash Pineapple Milk	Nashville Hot Chicken Wrap Big Daddy's Fiestada Stuffed Sandwich Little Caesars Pizza Chicken Sandwich PB&J Mini Sweet Peppers wHummus Fruit Salad / Milk	Nacho's w Meat & Cheese Chicken & Cheese Quesadilla Choice of Pizza PB&J Refried Beans Grapes Milk	Chicken & Veggie Dumplings w Fried Rice Ramen Bowl Little Caesars Pizza Chicken Sandwich PB&J Fortune Cookie Oriental Veggies Tropical Fruit Milk	Chicken Drumsticks Meatloaf w WG Roll Choice of Pizza Chicken Sandwich PB&J Corn on the Cob Peach Crisp Milk
6	Lasagna Roll Ups w Garlic Bread Pepperoni Calzone Choice of Pizza Chicken Sandwich PB&J Roasted Brussel Sprouts Mandarin Oranges Milk	Crispitos w Tostito's & Cheese Chicken Slider Sandwich w Pickles & Sauce Little Caesars Pizza Chicken Sandwich PB&J Mixed Veggies Strawberry & Blueberry Blend Milk	Taco's w Meat & Cheese Fiestada Pizza Choice of Pizza Chicken Sandwich PB&J Mexican Rice Avocado Corn Salsa w Black Beans Bananas Milk	Baked Potato w Breadstick Egg Rolls w Veggie Lo Mein Little Caesars Pizza Chicken Sandwich PB&J Broccoli & Cheese Applesauce Milk	Bacon Cheeseburger Koegel Hot Dog Choice of Pizza Chicken Sandwich PB&J Onion Rings Sidekicks Milk

MEALS ARE FREE FOR ALL STUDENTS

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

Half Day Lunch

PB&J Sandwich
Carrots w Ranch
Apple Slices
Cheese Stick
Milk

Homecoming Lunch 9-15

Tiger Bowl-
Mashed Potatoes,
Gravy, Corn,
Popcorn Chicken,
Milk & Fruit

Thanksgiving Dinner 11-16

Turkey, Mashed Potatoes, Corn,
Gravy, Stuffing,
Yams, Cranberries,
Roll, Dessert and
Milk

Christmas Dinner 12-14

Ham, Mashed Potatoes,
Corn, Gravy,
Stuffing, Yams,
Roll, Cranberries,
Desserts & Milk
Easter Dinner 3-21

Chicken
Drumstick,
Mashed Potatoes,
Corn, Gravy,
Stuffing, Yams,
Roll, Cranberries,
Desserts & Milk

Fruit and Salad Bar Served Daily

Low-Fat White Milk
And Fat Free Chocolate Milk
Available Daily

LITTLE CAESARS PIZZA OFFERED EVERY TUESDAY & THURSDAY

Ala Carte offered daily

Menu Subject to Change Without Notice